

connect **360**

A Cry for Freedom

GRACE THAT IS STILL AMAZING

A STUDY OF GALATIANS

Lesson 11

Dancing with the Spirit

Galatians 5:16-26



April 19, 2026



Bible Study Prayer

**Father, as we turn to the Bible,
What we know not - teach us,
What we have not - give us,
What we are not - make us,
For your Son's sake,
Amen.**



Galatians in 3 Words

Authentication

Justification

Sanctification



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Authentication

Galatians – Chapters 1 & 2

Galatians 1:1 Paul identifies himself as an apostle who was not appointed by any human authority or institution, but by Jesus Himself.



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Authentication

Galatians – Chapters 1 & 2

Galatians 1:6-10 – Following liars

**Galatians 1:11-24 – You know me and you know
I told you the truth**



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Authentication

Galatians – Chapters 1 & 2

**Galatians 2:1-16 – The church leaders,
Including Peter, back me up**

**Galatians 2:17-21 – I live and teach in the name
and power of Jesus**



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Justification

Galatians – Chapters 3 & 4

Galatians 3:1-14 – Justification comes by faith

Galatians 3:15-22 – We receive God's promise of freedom by believing in Jesus

Galatians 3:23-29 – We are all one in Jesus



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Justification

Galatians – Chapters 3 & 4

Galatians 4:8-20 – Don't go back to the slavery of a righteousness based on works

Galatians 4:21-31 – We are not children of slavery. We are born into freedom justified by our faith in Jesus



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Sanctification

Galatians – Chapters 5 & 6

For the next three weeks Paul will show us how to live as those whom the Son has set free.

“Stand fast therefore in the liberty by which Christ has made us free”

Galatians 5:1



Dancing with the Spirit - Galatians 5:16-26

Galatians in 3 Words

Sanctification

Galatians – Chapters 5 & 6

**Walk in the Spirit, and you shall
not fulfill the lust of the flesh.**

Galatians 5:16



Dancing with the Spirit - Galatians 5:16-26

The Problem
Sinful Nature / Flesh
Galatians 5:16-21



Dancing with the Spirit - Galatians 5:16-26

σάρξ - sarx – flesh

The physical part of our life.

**The way our body systems function
in this world.**

**Includes the nervous system &
the endocrine system**



Dancing with the Spirit - Galatians 5:16-26

What does the body need to live?

**What happens if the body
doesn't get these things?**



Dancing with the Spirit - Galatians 5:16-26

What happens if the body gets the things it needs and finds those things very pleasurable?

**If left unchecked the result is
Verses 19-21.**



Dancing with the Spirit - Galatians 5:16-26

The Fruit of the Spirit

Galatians 5:16; 21-25



Dancing with the Spirit - Galatians 5:16-26

What is fruit?



Dancing with the Spirit - Galatians 5:16-26

What is fruit?

Where do you get your fruit?



Dancing with the Spirit - Galatians 5:16-26

What is fruit?

Where do you get your fruit?

Have you ever owned a fruit tree or plant?



Dancing with the Spirit - Galatians 5:16-26

What is fruit?

Where do you get your fruit?

Have you ever owned a fruit tree or plant?

Do fruit producing plants require tending?



Dancing with the Spirit - Galatians 5:16-26

What is fruit?

Where do you get your fruit?

Have you ever owned a fruit tree or plant?

Do fruit producing plants require tending?

Why do plants produce fruit?



Dancing with the Spirit - Galatians 5:16-26

**I am the vine; you are the branches.
If you remain in me and I in you, you will bear
much fruit; apart from me you can do nothing.
John 15:5**

**So neither the one who plants nor the one who
waters is anything, but only God,
who makes things grow.
1 Corinthians 3:7**



🤔 Final Thoughts 🤔

No one had to teach you as a child to be selfish. It's a natural result of spending your time as a child in a physical world with a physical body with physical needs and wants.



🤔 Final Thoughts 🤔

No one had to teach you as a child to be selfish. It's a natural result of spending your time as a child in a physical world with a physical body with physical needs and wants.

The Holy Spirit doesn't teach you to be Holy. It's a natural result of spending your time with Jesus in a spiritual world with a spiritual mind with spiritual needs and wants.



🤔 **Final Thought** 🤔

**If we live by the Spirit, let us also
walk in step [dance] with the Spirit.
Galatians 5:25**





Final Thought



**If we live by the Spirit, let us also
walk in step [dance] with the Spirit.
Galatians 5:25**

**Dance with the One what brung ya' . . .
. . . and let Him lead!**



Next Week!

Agape
Bible
Study Life

Carry On
Galatians 6:1-10



April 19, 2026

